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**The AAOM travels to the Pamplona Mission in Lima, Peru to Share Medical Care and Education about Prolotherapy.**

Pamplona Mission, Lima, Peru August 28 to September 2, 2011.

The AAOM traveled to the Pamplona Mission in Lima, Peru to provide a clinical experience to teach prolotherapy to 15 physicians from the USA, 8 Physicians from Argentina and 2 Physicians from Mexico plus 9 Peruvian physicians. With five AAOM teachers, the trip was organized to provide lecture instruction in the mornings and to then provide care in the late mornings through early evening. During this first trip, the AAOM was able to see over 1100 patients over the course of 5 days. Supported by the medical community of the Peruvian PM&R Society, they posted information about the AAOM visit at their facilities and Dr. Cheryl Hayes, AAOM Peru Workshop Team Leader, was instrumental in working through the Peruvian Ministry of Health to allow our work to gain entrance.

This second international venue continues to fulfill a dream of the AAOM. It allowed us to provide an intensive educational experience for our students and we were able to provide pain treatments heretofore unavailable to the residents of the Pamplona Mission. The AAOM was able to introduce prolotherapy to the patients and Peruvian physicians. One of our goals was to train the Peruvian physicians in prolotherapy so that they could carry on with further treatments. According to Mayo Friedlis, M.D., Peru Clinic Direct and teacher on this trip, "It was a gratifying as well as a satisfying experience for all who participated. This trip provided an incredible experience, living and learning in Peru and it really allowed us to get to know the people involved in the trip the Pamplona Mission. Everyone we treated was so grateful, I just felt good that we were able bring this trip to fruition for a first time."

The PM&R medical community of Lima, Peru was very grateful that we were able to treat so many of the local residents. In addition to providing care, the AAOM provided supplies and materials as part of the trip. Since 1982, the charter of the AAOM has been to provide ongoing educational courses for its member physician and other health care providers. This course offering in Lima continues to fulfill the educational charter of the AAOM.

For information about this trial trip, please see the pdf link below. We will begin scheduling the next trip in January of 2012. If you are interested in the next trip, contact the AAOM at 888 687 1920 or check on the AAOM website at [WWW.AAOMED.org](http://WWW.AAOMED.org)