This Seminar is Jointly Sponsored by AAOM & ABQAURP

The 1st World Congress on Interventional Regenerative Orthopaedic Medicine (IROM)

Dear Colleagues:

Question: So, say you want to do something new – something that has never been done before in Orthopedic Medicine – something huge, but focused – something cutting edge, but respecting the old-world teaching traditions – something with evidence-basis, but outcomes-focused – where do you suppose you’d do it? It would have to be a city like no other – one which could capture and embody both a passion for learning and a zest for life simultaneously.

Answer: It would have to be New Orleans in the springtime!

As this year’s AAOM 2015 Conference Chairman, I would like to formally invite & welcome you to the Crescent City – for the “1st World Congress on Interventional Regenerative Orthopaedic Medicine (IROM)”, presented by the 32nd American Association of Orthopaedic Medicine Annual Conference and Scientific Sessions. This one-of-a-kind event will take place in my home, New Orleans, Louisiana at the Crowne Plaza Hotel, from Wednesday, April 29th thru Saturday, May 2, 2015.

The field of Regenerative Orthopedic Medicine is exploding! And while this explosion is quite positive for our burgeoning field, the ability to correctly navigate recent technological advances, while avoiding the pitfalls is critical. The AAOM’s 1st World Congress on IROM will provide you these necessary tools, allowing you to properly and appropriately enhance the care of your patients back home. I’ve worked diligently to include the very best speakers and pioneers in the field, from multiple countries around the world. The conference will focus 3 over-riding themes: Evaluation, Evolution, and Enhancement. The Evaluation day will give you the diagnostic tools to arrive at the proper diagnosis. This will be followed by a day of discovering the most cutting-edge IROM treatments being performed around the world – the Evolution of IROM treatments. Finally, we’ll close the Congress with discussions and workshops of literally life-changing patient Enhancement treatments, to take them past “just healing” and into their optimal state of health and performance. We will in the window of four days, give you “Everything” you need to be successful in Orthopaedic Medicine and the Regenerative world we live in now.

I’m excited and proud not only about this event, but also of the AAOM organization. The AAOM is the world’s #1 teaching organization in the field of IROM! There is no other organization that comes close to the expertise of our membership! The AAOM is rooted in the Orthopedic fundamentals and evidence-based medicine, yet never fails to push the edge of science, research and patient care – exploring new paradigms to help those in pain. The AAOM – beyond expertise – is a place where Physicians, Surgeons, Researchers, Physical Therapist, Chiropractors, Naturopaths, and other healthcare professionals converge to learn from each other in a truly collegial atmosphere with the camaraderie to share ideas and expand professional relationships.

This conference is for all practitioners of Musculoskeletal/Pain Medicine – regardless of medical specialty or discipline! We want to give you state of the art techniques and therapies that can help you - help your patients. Plan to be a part of the AAOM’s 1st World Congress of IROM in New Orleans in 2015 – and let’s let the good times roll!

Tommy Bond, MD, MS
AAOM 2015, Conference Chairman
HIGHLIGHTS – AAOM 2015 Conference

- New Orleans Jazz Fest scheduled at the same time as AAOM 2015 Conference
- 32nd AAOM Annual Conference and Scientific Seminar
- 1st World Congress on Interventional and Regenerative Orthopaedic Medicine (IROM)

AAOM 2015 Pre-Conference Workshops include 15 Pre-Conference Workshops in total; one 16 Hour Workshop, one 10 Hour Workshop, seven 7 Hour Workshops and four 3 Hour Workshops.

Workshops include:
- A complete Part 1 Course in BHRT from Neal Rouzier, MD.
- A 10 hour Michigan State University Manual Medicine Course offering 10 Hours of AOA Category 1 CMEs.
- The hottest topic in sports medicine - Inflammation; we have a 7 hour workshop from the inflammation master Barry Sears, PhD.
- Prolotherapy 100 with Tommy Bond, MD and the world’s leading experts in Prolotherapy ready to help you begin your Prolotherapy journey.
- Level 1 and Level 2 MSKUS course with application in Regenerative Orthopaedic Medicine
- Ozone Therapy as presented by Frank Shallenberger, MD

Conference Day 1 is the Evaluation day. We will give you the diagnostic tools to arrive at the proper diagnosis.

Conference Day 2 is Evolution Day. We will provide you with a day of discovering the most cutting-edge IROM treatments being performed around the world – the Evolution of IROM treatments.

Conference Day 3 is Enhancement Day. We will close the Congress with discussions and workshops of literally life-changing patient Enhancement treatments, to take them past “just healing” and into their optimal state of health and performance.
2015 AAOM Annual Conference Pre-Conference Workshop Extravaganza

The field of Regenerative Orthopedic Medicine is exploding and so are the AAOM 2015 Pre-Conference Workshops! We are offering 15 Pre-Conference Workshops in total; one 16 Hour Workshop, one 10 Hour Workshop, seven 7 Hour Workshops and four 3 Hour Workshops. Our Workshop explosion is necessary to capture our burgeoning field; giving you the ability to navigate through the various treatment areas and technological advances, to avoid the pitfalls and be able to get what you need to properly and appropriately enhance your patients care, choosing at least one Pre-Conference workshop is essential to getting the most out of the 32nd AAOM Annual Conference and Scientific Seminar for you, your practice and your patients. At the end of the course, participants will be able to:

1. Bioidentical Hormones in Regenerative Medicine
   Setting the right environment for tissue healing is critical! Hormones play a major role in this regard and there is no one better than Dr. Neil Rozier. The AAOM is thrilled to be able to work with one of BHRT’s pioneers! If you’re looking to get starting in hormone replacement, this is an absolute “no-miss” workshop!
   
   **NOTE:** This is a 16 hour Workshop with hours on Wednesday, April 29, 2015 from 8:00 am to 4:00 pm, Wednesday, April 29, 2015 from 4:30 pm to 7:30 pm and Thursday and Saturday afternoons. Pay 1 time.

2. OMT / Manual Medicine – Level 1
   The AAOM is honored to offer OMT – Level 1 course in concert with Michigan State University and Dr. Lisa DeStafano. This course will serve as an introduction to the field of Manual Medicine and will be credited toward further study in the MSU curriculum.
   
   **NOTE:** This is a 10 hour Workshop with hours on Wednesday, April 29, 2015 from 8:00 am to 4:00 pm, Wednesday, April 29, 2015 from 4:30 pm to 7:30 pm. Pay 1 time.

3. PROLO101 – An Introduction to Prolotherapy & Regenerative Injection Procedures
   If you are interested in learning Regenerative Medicine Interventions – here’s where it all begins! PROLO101 is the first step which forms the foundation of concepts and understanding for all IROM procedures. Don’t miss this opportunity to learn from the Masters of IROM from around the world.

4. IROM: Interventional Regenerative Orthopedic Medicine
   For the more experienced learner who wants to expand her horizons, this IROM workshop will be one for the record books. Join Interventional expert, Michael Brown, for an intense and thorough learning experience.

5. MSK Ultrasound – Level 1, An Introductory and Basic Skills Workshop
   Our MSK-I US workshop is designed for both those new to this skillset, and those with basic experience. The instructor: learner ratio is kept low guaranteeing the learner a great hands-on experience.
6. **MSK Ultrasound – Level 2, Intermediate/Advanced US Workshop**
   
   Our MSK-II US workshop is second to none! – highly advanced skills, including nerve dissection and spine injections, will be taught by some of the most notable scanners in the world.

7. **Anti-Inflammatory Nutrition in Musculoskeletal Care**
   
   Dr. Barry Sears…need I say more?! Dr. Sears is THE preeminent authority on inflammation. He has authored several books and speaks globally on the subject. This workshop will lead to a Certification in Anti-Inflammatory Nutrition and is a must for those interested in the role of foods in inflammation and pain.

8. **Selective Motion Assessment & Neuro-Kinetic Therapy**
   
   Be a part of the NKT Revolution! Neuro-Kinetic Therapy is sweeping the globe in both the medical physician and physical therapy arenas. This unique perspective taught by its inventor – David Weinstock, P.T. – will open you mind to an entirely new paradigm.

9. **Comparative Radiology in Orthopedic Medicine**
   
   What if you could compress every Radiology rotation and lecture into 1 day?....Answer: you’d still not duplicate what Dr. David Harshfield has in store for the Comparative Radiology workshop! Attendees will learn and compare normal/abnormal Xrays – US – MRI for the major joints in Orthopedics, and leave being able to read like an expert.

   **NOTE:** Workshops 3 – 9 are all day workshops on Wednesday, April 29, 2015 from 8:00 am to 4:00 pm. – Choose 1 to attend.

10. **Bioidentical Hormones in Regenerative Medicine**
    
    Continuation from morning Workshop 1 – register one time only, also includes afternoon workshop sessions on Thursday and Saturday afternoons – 16 hours total.

11. **OMT – Manual Medicine 101**
    
    Continuation from morning Workshop 2 – register one time only – 10 hours total.

12. **Billing and Coding**
    
    For Orthopedic Medicine in the New ACA Landscape

13. **Prolozone**
    
    An Introductory Workshop

14. **Biologic Scaffolds**
    
    In Orthopaedic Regenerative Medicine

15. **Masqueraders of Orthopedic Pain**
    
    The Gut Brain Connection to Chronic Pain & the Protocols to Fix It.

    **NOTE:** Workshops 11 – 15 are 3-hour workshops on Wednesday, April 29, 2015 from 4:30 pm to 7:30 pm. – Choose 1 to attend.

16. **Longevity Medicine**
    
    Programming: Design to Implementation
## Preliminary Program

**Topics and Speakers may be changed.**

### Pre Conference Day .......................... Wednesday, April 29

<table>
<thead>
<tr>
<th>Time</th>
<th>Pre-Conference Workshops – 16 &amp; 10 Hours</th>
<th>Speakers</th>
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</thead>
<tbody>
<tr>
<td>8:00 – 4:00 pm</td>
<td>1. Bioidentical Hormones in Regenerative Medicine – 16 hours</td>
<td>Neal Rouzier, MD</td>
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<td></td>
<td>2. OMT / Manual Medicine – Level 1 – 10 hours</td>
<td>Michigan State University</td>
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### All-Day Workshops - 7 Hours

<table>
<thead>
<tr>
<th>Time</th>
<th>Workshops</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 – 4:00 pm</td>
<td>3. PROLO101 – An Introduction to Prolotherapy &amp; Regenerative Injection Procedures</td>
<td>Tommy Bond, MD Director</td>
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<tr>
<td></td>
<td>4. Interventional Regenerative Orthopedic Medicine (IROM)</td>
<td>Michael Brown, MD Director</td>
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<td></td>
<td>5. MSK Ultrasound – Level 1, An Introductory and Basic Skills Workshop</td>
<td>Paul Johnson / Al Kozar</td>
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<tr>
<td></td>
<td>6. MSK Ultrasound – Level 2, Intermediate/Advanced US Workshop</td>
<td>Shiple / Mulvaney / Lam</td>
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<td>7. Anti-Inflammatory Nutrition in Musculoskeletal Care</td>
<td>Barry Sears, PhD</td>
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<td>8. Selective Motion Assessment &amp; Neuro-Kinetic Therapy</td>
<td>Dave Wienstock, PT</td>
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<td></td>
<td>9. Comparative Radiology in Orthopedic Medicine</td>
<td>David Harshfield, MD</td>
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### Evening Workshops – 3 Hours

<table>
<thead>
<tr>
<th>Time</th>
<th>Workshops</th>
<th>Speakers</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 – 7:30 pm</td>
<td>1. Billing/Coding for Orthopedic Medicine in the new ACA Landscape</td>
<td>Carri McCormick</td>
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<tr>
<td></td>
<td>2. Prolozone: An Introductory Workshop</td>
<td>Frank Shallenberger, MD</td>
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<tr>
<td></td>
<td>3. Biologic Scaffolds in Orthopedic/Regenerative Medicine</td>
<td>Michael Scarpone, DO</td>
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<tr>
<td></td>
<td>5. Longevity Medicine Programming: Design to Implementation</td>
<td>Don Voelker MD</td>
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<tr>
<td>Time</td>
<td>Activity</td>
<td>Speakers</td>
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<tr>
<td>7:45 – 8:00 am</td>
<td>Welcome to the AAOM</td>
<td>Paul Lieber, MD, AAOM President</td>
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<tr>
<td></td>
<td>Welcome to the 32nd AAOM Annual Conference Program Overview</td>
<td>Tommy Bond, MD AAOM 2015 Conference Chairman</td>
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<tr>
<td>8:00 – 8:30 am</td>
<td><strong>The AAOM: Past, Present, Future</strong></td>
<td>Andrew Kochan, MD</td>
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<tr>
<td>8:30 – 9:15 am</td>
<td><strong>The Big Picture: Case Studies to Understand the Revolution in Orthopedic Medicine</strong></td>
<td>Brad Fullerton, MD</td>
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<tr>
<td>9:15 – 10:00 am</td>
<td><strong>Getting to the Right Diagnosis: the Comprehensive Orthopaedic Assessment</strong></td>
<td>Brian Shiple, DO</td>
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<tr>
<td>10:00 – 10:30 am</td>
<td>BREAK with Exhibitors</td>
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<tr>
<td>10:30 – 11:15 am</td>
<td><strong>Applied IROM in Professional Sports</strong></td>
<td>Tariq Awan, MD</td>
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<tr>
<td>11:15 – 12:00 pm</td>
<td><strong>Spine Lines: The “Tomal” referral patterns of Spine Pain</strong></td>
<td>Jonathan Fenton, DO</td>
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<tr>
<td>12:00 – 1:00 pm</td>
<td><strong>The Elusive Anterior SI Ligament</strong></td>
<td>Tom Ravin, MD</td>
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<tr>
<td>1:00 – 2:00 pm</td>
<td>LUNCH</td>
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<tr>
<td>2:15 – 3:00 pm</td>
<td><strong>From Prolotherapy to Stem cells – Who gets what?</strong></td>
<td>Michael Brown, MD</td>
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<tr>
<td>3:00 – 5:30 pm</td>
<td><strong>Hands-On Breakout Sessions: “The Orthopaedic Exam &amp; Diagnosis”</strong></td>
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<td></td>
<td>During this afternoon Breakout, there will be 3, 50-minute sessions. During each 50min session, the Evaluation &amp; Diagnostic methods will be demonstrated and taught for that room/stations body region. Thus, we will have multiple rooms/stations, each with an AAOM Expert Instructor as the subject/room leader, with 2-3 Junior Instructors assisting. Each room/station will be responsible for demonstrating Orthopaedic Evaluation &amp; Diagnostic methods for a particular body region, as well as, topographical landmarks and marking for injection; for example, Cervical Spine. During this time, we may use any technique available to demonstrate how the experts get to the diagnosis: exam, OMT, NKT, imaging, etc.</td>
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<tr>
<td>6:00 – 6:30 pm</td>
<td>AAOM General Membership Meeting</td>
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<tr>
<td>7:30 – 9:00 pm</td>
<td>President’s Reception</td>
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## Conference and Seminar Schedule

**Friday, May 1**

### DAY 2: Healing with IROM: Interventional Regenerative Orthopaedic Medicine

#### AM LECTURES:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speakers</th>
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</thead>
<tbody>
<tr>
<td>7:30 – 12:30 pm</td>
<td>Topic: <em>Treating the Patient with Interventional Regenerative Orthopaedic Medicine</em></td>
<td>Moderator: Brian Shiple, D.O.</td>
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<tr>
<td>7:30 am</td>
<td>BREAKFAST</td>
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<tr>
<td>8:30 am</td>
<td>Review Conference Themes: Evaluation -- Evolution -- Enhancement</td>
<td>Tommy Bond, MD</td>
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<tr>
<td>9:00 – 12:30 pm</td>
<td><em>IROM of the Peripheral Joints</em></td>
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<tr>
<td>8:30 – 9:00 am</td>
<td><em>IROM: Phase-1 Stimulators, A Review of the Literature</em></td>
<td>Craig Chappell, DO</td>
</tr>
<tr>
<td>9:00 – 10:00 am</td>
<td><em>“Healing Hands: Evidence basis for OMT in Sports”</em></td>
<td>Dean Reeves, MD</td>
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<tr>
<td>10:00 – 10:25 am</td>
<td><em>An updated Review of the Literature</em></td>
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<tr>
<td>10:30 – 12:25 am</td>
<td><em>IROM: Phase-2 &amp; Phase-3 Modulators</em></td>
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<tr>
<td>10:30 – 11:00 am</td>
<td><em>PRP for Ligament &amp; Tendon Injuries</em></td>
<td>Brian Shiple, DO</td>
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<tr>
<td>11:00 – 11:30 am</td>
<td><em>Biologic Scaffolds: Amniotic Membranes &amp; Fat Grafting</em></td>
<td>Mike Scarpone, DO</td>
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<tr>
<td>11:30 – 12:00 pm</td>
<td><em>Bone-Marrow Concentrate for Osteoarthritis</em></td>
<td>Steve Sampson, DO</td>
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<tr>
<td>12:00 – 12:30 pm</td>
<td><em>Same-day Stem Cells for Knee OA: A review of Registry data</em></td>
<td>Chris Centano, MD</td>
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<tr>
<td>12:30 – 2:00 pm</td>
<td>LUNCH</td>
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<tr>
<td>12:30 – 3:45 pm</td>
<td><em>IROM of the Spine</em></td>
<td>Bjorn Eek, MD, Moderator</td>
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<tr>
<td>2:00 – 2:30 pm</td>
<td><em>Intra-Discal PRP</em></td>
<td>Gregory Lutz, MD</td>
</tr>
<tr>
<td>2:30 – 3:00 pm</td>
<td><em>New Treatment Options for Facetogenic &amp; Sacroiliac Pain</em></td>
<td>Stanley Lam, MBBS</td>
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<tr>
<td>3:00 – 3:30 pm</td>
<td><em>Review of literature – Intra-Discal treatments: Intra-Discal Ozone + Hyaluronidase</em></td>
<td>TBA</td>
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<tr>
<td>3:00 – 3:45 pm</td>
<td><em>Rehabilitation Protocols after Regenerative Procedures</em></td>
<td>Al Kozar, DO</td>
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<tr>
<td>3:45 – 4:00 pm</td>
<td>BREAK: with Exhibitors</td>
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<tr>
<td>4:00 – 7:00 pm</td>
<td><em>PM HANDS-ON WORKSHOPS</em></td>
<td>Tommy Bond, MD</td>
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**American Association of Orthopaedic Medicine**
## Conference and Seminar Schedule

**Saturday, May 2**

**DAY 3: Enhancement of the Orthopedic Patient: Interventions for Life!**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>7:30 – 8:30 am</td>
<td>BREAKFAST</td>
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<tr>
<td>8:30 – 8:45 am</td>
<td><em>Review common themes: Evaluation - Evolution - Enhancement</em></td>
<td>Tommy Bond, MD</td>
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<tr>
<td>8:45 – 9:45 am</td>
<td>Longevity Medicine – evidence/literature review + Longevity Evaluation: VO2-max/Genetics/BodyFat/Hormones</td>
<td>Don Voelker, MD and Jeff Leake, MD</td>
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<tr>
<td>9:45 – 10:15 am</td>
<td>Executive / VIP Medicine</td>
<td>Ken Knott, MD</td>
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<tr>
<td>10:15 – 10:30 am</td>
<td>BREAK: with Exhibitors</td>
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<tr>
<td>10:30 – 11:00 am</td>
<td>Mitochondrial Failure: Evaluation &amp; Treatment</td>
<td>Frank Shallenberger</td>
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<tr>
<td>11:00 – 11:30 pm</td>
<td>Maximizing Outcomes with Medical Fitness</td>
<td>Joel Baumgartner, MD</td>
</tr>
<tr>
<td>11:30 – 12:00 pm</td>
<td>Intravenous Treatments to augment Healing</td>
<td>Marty Gallagher, MD, DC</td>
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<tr>
<td>12:00 – 12:30 pm</td>
<td>Is there Evidence-basis for Yoga and Pilates?</td>
<td>Sheri Betz, PT</td>
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<tr>
<td>12:30 – 1:30 pm</td>
<td>LUNCH</td>
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**PM HANDS-ON WORKSHOPS**

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<thead>
<tr>
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<tbody>
<tr>
<td>2:00 – 5:00 pm</td>
<td>Medical Fitness Workshop: Increasing Patient Outcomes &amp; Practice Profits</td>
<td>Joel Baumgartner, MD</td>
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<td></td>
<td>Executive Medicine Programming</td>
<td>Ken Knott, MD</td>
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<td>Nutritional Interventions for Life: Oral &amp; IV Nutrition Workshop</td>
<td>Marty Gallagher, MD, DC</td>
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<td>Enhancement through Integration: The Leaky Gut–Hormone Connection</td>
<td>Tyna Moore, ND</td>
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<tr>
<td></td>
<td>Longevity Testing: VO2-max / Telomere / Bod-Pod / Vitamin-Hormone Assessment</td>
<td>Don Voelker, MD and Jeff Leake, MD</td>
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<tr>
<td>5:00 pm</td>
<td>Close</td>
<td>Tommy Bond, MD</td>
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**HOTEL: Astor Crowne Plaza New Orleans**

Where Canal Street meets Bourbon Street, Astor Crowne Plaza New Orleans welcomes guests to affordable luxury in the heart of the legendary French Quarter.

Whether you are on the prowl for world-renowned dining or the iconic sounds of New Orleans jazz, the Astor Crowne Plaza New Orleans on Bourbon Street places you within easy access of it all. Few New Orleans hotels provide such a perfect balance of southern hospitality and sophistication or relaxation in as lively a setting as the French Quarter. You will enjoy close proximity to must-see attractions such as Harrah’s Casino, the Aquarium of the Americas, Jackson Square, Riverwalk Shopping and the Superdome.

**739 Canal Street, New Orleans, LA 70130 | 877 408 9661**

*AAOM Rate is $219 single and double occupancy*
Continuing Medical Education Credit

Accreditation Statement: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (AC-CME) through the joint sponsorship of the American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) and the American Association of Orthopedic Medicine (AAOM). American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement: American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) designates this educational activity for a maximum of 28.25 AMA PRA Category 1 Credit(s) TM. Physicians should claim only those credits commensurate with the extent of their participation in the activity.

Policy on Faculty and Sponsor Disclosure: As a sponsor accredited by the ACCME, it is the policy of the American Board of Quality Assurance and Utilization Review Physicians, Inc. (ABQAURP) to require the disclosure of the existence of any significant financial interest or any other relationship a faculty member of a sponsor has with either the commercial supporter(s) of this activity or the manufacturer(s) of any commercial product(s) discussed in an educational presentation. Detailed disclosures will be made in the course handout material.

Intended Audience
This conference was designed for those using Orthopaedic Medicine to treat performance related pain and injury, overuse syndromes and chronic pain conditions. The conference will include lectures and workshops on anatomy, diagnosis and treatment of chronic pain using Orthopaedic Medicine and injection therapies. The target audience includes Sports Medicine Physicians, PM&R specialists (Physiatrists), Family Medicine Physicians, Orthopedic Surgeons, Neurologists, and Interventional Pain Physicians; including Anesthesiologists and Osteopathic Pain Physicians.
Goals & Objectives

Course Goal: The goal of this conference is to give you “Everything” you need to make your patients well in the Orthopaedic Medicine and the Regenerative world we live in now. We will accomplish this goal by covering 3 over-riding themes Evaluation, Evolution, and Enhancement of Interventional Regenerative Orthopaedic Medicine. The goal for Evaluation is to provide the diagnostic tools to arrive at the proper diagnosis. The goal for Evolution is to provide information about the most cutting-edge IROM treatments being performed around the world. The goal for Enhancements is to include discussions and workshops of patient Enhancement treatments, to take them past “just healing” and into their optimal state of health and performance.

Participants will receive a comprehensive review of anatomy, pathology, and pathophysiology of joint injury and degeneration. Participants will learn diagnostic and treatment and rehabilitative methods including ultrasound, injection therapies, OMT, Orthopaedic Medicine and nutritional and hormonal therapies to treat common pain conditions.

At the end of the course, participants will be able to:

- Understand the available research on regenerative injection (Prolotherapy) treatments
- Perform physical medicine examination and interventions.
- Perform hands on diagnosis to determine sources of chronic non–malignant pain.
- Perform some examination and evaluation methodologies for the knee, hip/ pelvis, shoulder, and foot/ankle.
- Explain the biology of proper healing and the disease processes that impede healing of musculoskeletal tissue.
- Determine appropriate patient candidacy for various treatments
- Propose how injection therapies can be integrated into treatment protocols to enhance proper healing and affect chronic pain conditions.
- Assess several injection techniques and solutions for treating chronic pain.
- Perform various Intra and Extra–articular Injection treatments for treating pain conditions.
- Describe investigational use of Platelet–Rich plasma and Autologous Stem Cell Therapy for treating Knee Osteoarthrosis.
- Understand Osteopathic Manipulative Treatment in chronic pain conditions.
- Perform, Evaluate and Interpret Diagnostic Ultrasound.
- Determine appropriate use of diagnostic ultrasound to aid injection needle placement in treating with injection therapies.
- Propose how various exercise and rehabilitation strategies can be integrated into treatment protocols to enhance proper healing of musculoskeletal tissues.
- Propose how various nutrition and hormonal strategies can be integrated into treatment protocols to enhance proper healing of musculoskeletal tissues.

NEEDS ASSESSMENT

The treatment of chronic pain is a complex and multifaceted problem. The faculty of this conference offer the participants detailed instruction in the use of prolotherapy and orthopaedic medicine to treat the laxity of ligaments that often cause chronic myofascial pain. Due to an aging population, more active lifestyles and patient desire for the relief of chronic pain, orthopaedic medicine techniques including prolotherapy provide effective and safe treatments.
Cancellation Policy

Requests for refunds must be submitted in writing by March 15, 2015. Your refund less a 50% processing fee will be mailed to you after the conference. No refunds will be granted after March 15, 2015. Registration includes course materials, but does not include hotel accommodations, meals and transportation costs.

Payment

Make check payable to AAOM (US funds only), or provide credit card information. Registrations will not be processed unless payment is received. The deadline for pre-registration is March 10, 2015.
Registration Form

Mail or Fax to:  
American Association of Orthopaedic Medicine  
555 Waterview Lane  
Ridgway, CO 81432

Phone:  
888.687.1920 or  
970.626.4441

Or go online to register at:  
www.aaomed.org

Last Name ___________________________  First Name ___________________________

Credential (MD/DO/ND/PA/DC/RN/PT/PhD/Other) ___________________________  Speciality ___________________________

Mailing Address ___________________________

City ___________________________  State ___________________________  Zip ___________________________

Telephone ___________________________  Email ___________________________

Credit Card  
I hereby authorize use of my:  
❍ Visa  ❍ MC  ❍ Amer. Express  Amount: ___________________________

Account Number ___________________________  Exp. Date ___________________________  Sec. Code ___________________________

Name on Card ___________________________

Signature ___________________________

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970.626.4441

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www.aaomed.org

Call  
1.888.687.1920  
Outside the US  
970.626.9441

To Guarantee Early Registration SPECIAL Pricing, for Marketing Opportunities, & Exhibitor Space
AAOM Membership

Join the AAOM - You won’t find a more open minded, accepting, yet evidence based group of medical professionals. The AAOM provides an exciting and innovative forum for new ideas. By joining the AAOM you will be immersed in excellent, cutting edge, training programs with the latest techniques for treating NMSK injuries. The AAOM is Inclusive, supportive and provides a camaraderie you will not find anywhere else.

BENEFITS OF MEMBERSHIP
Being part of a national society of orthopaedic medicine physicians recognized for their expertise and leadership.

- Reduced registration fee at the AAOM Educational Conferences and Workshops that presents the latest innovations and advancements in orthopaedic medicine.
- AAOM Newsletter – published with the latest information on what is happening throughout the orthopaedic medicine profession.
- Membership Certificate.
- The opportunity to nominate other physicians to membership.
- Access to orthopaedic medicine physicians throughout the US for collaboration or referral of patients.
- On-line Directory.
- On-line Forums and Listservs to discuss issues in orthopaedic medicine.

MEMBERSHIP CATEGORIES & DUES

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AAOM Certification - AAOM IROM - C

Interventional and Regenerative Orthopaedic Medicine Certification (IROM – C)

The American Association of Orthopaedic Medicine announces the Interventional and Regenerative Orthopaedic Medicine Certification (IROM – C). AAOM IROM – C which is a written and practical Certification Examination demonstrating competency in Interventional and Regenerative Orthopaedic Medicine knowledge, application and practice.

When you choose to become IROM – C and you begin on the pathway to prepare for and sit for the IROM – C we know you value quality and refuse to settle for anything but the best instruction, coursework and preparation available. Once you are successfully AAOM IROM – C, your patients know you’re knowledgeable, skilled and qualified to serve their Interventional and Regenerative Orthopaedic Medicine needs.

AAOM Certification Requirements:
1. Active membership in the AAOM.
2. Recommendation of two other Physicians, at least one of which is an active member of AAOM.
3. A current active license (M.D., D.O.).
4. To apply for Certification you must have:
   A) Attendance in Prolotherapy 100 at the AAOM Annual Conference, Prolotherapy 200 at the AAOM Annual Workshop in Denver, Prolotherapy 300 in one of the AAOM International workshops.
   B) 90 required course hours (Category 1 Credit) from AAOM programs or approved equivalency courses
   C) Candidates must have three years’ experience in the practice of regenerative injection techniques.
   D) 100 Documented Prolotherapy/Injection Therapy Cases with a log
   E) 70% Score on the Written Certification Examination
   F) Passing Grade on Practical Certification Examination (Pass/Fail)
The AAOM Educational Philosophy

In all of the AAOM Educational endeavors, the AAOM strives to provide:

• The best and most experienced instructors
• A low student to instructor ratio for individualized attention
• The best instruction about prolotherapy both as a treatment methodology; with emphasis on anatomy, needle skills and as a specific treatment using 15 - 25% dextrose
• An understanding of the treatment methodology of prolotherapy, which will facilitate having greater success with other injection therapies including PRP and Stem Cell injections
• When to use and how to use prolotherapy as a standalone treatment, or as a combined or layered treatment with subcutaneous perineural injections, interventional spine techniques, PRP, and manual medicine
• An understanding of the mechanisms of healing with prolotherapy and when it may be a good or even the only option for treatment
• Fundamental instruction about prolotherapy grounded in the basics of anatomy and diagnosis of MSK pain
• Accurate MSK diagnostic skills, which is actually the cornerstone of our training in prolotherapy; we provide the techniques and understanding that only through proper diagnosis can it be determined why a patient is in pain and if and when prolotherapy may be a good treatment option.

AAOM Calendar of Educational Events 2015

FEBRUARY 2015
AAOM Prolotherapy Workshops – 2 Workshops, 1 Location – Cancun, Mexico
January 31 to February 7, 2015.
The AAOM 2015 Cancun Prolotherapy and Regenerative Injection Therapy Workshops;
Workshop 1 – Core Curriculum and Workshop 2 - Advanced Skills

APRIL 2015
The 32nd AAOM Annual Conference and Scientific Seminar presents
The 1st World Congress on Interventional Regenerative Orthopaedic Medicine
Tommy Bond, MD 2015 AAOM Conference Chairman
New Orleans, LA April 29 – May 2, 2015

JULY 2015
HKIMM Prolotherapy Workshop –Hong Kong
Hong Kong, July 2015
(This workshop will be provided in partnership with the HKIMM; Dr. Keith Chan, Dr. Andrew Ip and Dr. Stanley Lam.)

AUGUST 2015
AAOM Annual Workshop
Denver, Colorado, August 6 Pre Workshops and August 7 & 8, 2015
“Regenerative Orthopaedic Medicine – The Works; Why it Works, When it Works, How it Works” + 2 Pre-Workshops
1) The Lyftogt Technique and
2) Ultrasound Training for Injections and Advanced Needle Techniques

NOVEMBER 2015
AAOM Prolotherapy Workshop – Guadalajara, Mexico
October 31 – November 7, 2015
(The Antiguo Hospital Civil de Guadalajara Fray Antonio Alcalde will host our patient treatment activities and education program)